

#### CONTENT OF THE GIC 2022 CONFERENCE

Evening lectures (keynotes)

■ **Tilke Platteel-Deur**

Breathwork Mastery: Cultivating  
Presence and Therapeutic Excellence

■ **Petri Berndtson**

Phenomenological Philosophy of  
Respiratory Diversity

■ **Hannah Kendaru**

Decolonial Healing – Remembering  
Connection

■ **Nikki van der Velden**

The Secrets to a Thriving Breathwork  
Community

■ **Aad Havermans**

Breathwork and Cold Exposure,  
A Powerful Combination

■ **Kasper van der Meulen**

Breathwork as a Bridge

#### WORKSHOPS

Keynote speakers gave a workshop on their  
topic in the morning after their presentation.  
Additional breathwork, science, panels, and  
health workshops were given daily in the  
morning and afternoon: morning workshops,  
had an average duration of 60 minutes, and  
afternoon workshops of 180 minutes.

The GIC is an annual seven-day  
conference organized by the International  
Breathwork Foundation IBF for  
breathworkers, respiratory therapists, and  
others interested in breathwork.  
It features lectures and workshops by  
experts and scientists and comprises  
approximately 60 hours of training.

# CERTIFICATE

## OF ATTENDANCE AT THE GIC 2024

This certificate confirms that

NATASCHA KEIL

participated in the Global Inspiration  
Conference (GIC) in Berg en Dal,  
The Netherlands, from July 27<sup>th</sup> to August 3<sup>rd</sup>,  
for a total of 60 hours of training.



**Mariët Bakker**

Organizer GIC 2024



**Vanessa Dietzel**

IBF Executive Team Member